



## 2006 Iowa 100.9 Kilometer Team Time Trial State Championships

Sunday June 25 2006

Columbus City

Held under USCF permit (2006-1335)

**Registration** 11:00 am at the Masonic Hall/City Hall in Columbus City (Not Columbus Junction). **Start time noon.** **Entry fee** \$13 per person. 4 person teams. Time for each team will be recorded at the 3rd rider at the finish. USCF standard entry form is accepted. 1 entry form per person. Riders under 18 must have parents signature. No Alcoholic beverages on the Masonic Hall / City Hall property.

All teams are welcome. Iowa registered USCF teams with all Iowa registered USCF licensees who are all registered members of the same USCF registered club are eligible for the state championships medals. See rule 6B1 & 6B1(a) for championships eligibility. Clubs that can field more than 1 team are welcome to do so. Other composite teams are welcome to race (1-day / unattached / out of state clubs / out of state riders / pros). All members of each team must wear matching jerseys (composite teams too). 3 laps of the Columbus City road course. 20.9 miles per lap. That's 62.7 miles or 100.9 km. Feed zone is Columbus City. No support vehicles allowed on the course. New in 2006 is an all women team division.

Directions: Columbus City is just South of Columbus Junction. About 30 miles SSE of Iowa City. From US 218 or US Hwy 61, take state Hwy 92 to Columbus Junction. South on Main Street or 2nd St to Gambel to Colton to Columbus City, turn right on X37.



The 4 person team trial has been a major part of cycling history. Held in the Olympics at 100 km from 1960 to 1992.

<http://www.hickoksports.com/history/olcycl.shtml#mteamtt>

<http://www.dailypeloton.com/danaalbert.asp>

for more information: Rick Paulos [rick-paulos@uiowa.edu](mailto:rick-paulos@uiowa.edu)



Feeding: We are going to try a different method. Each team should bring a cooler of bottles and we will have a volunteer to hand out bottles at the stop sign each lap. Riders must stop for this. Teams don't need to bring feeder(s). A quick stop and bottle exchange should be quicker than what everybody did last year.