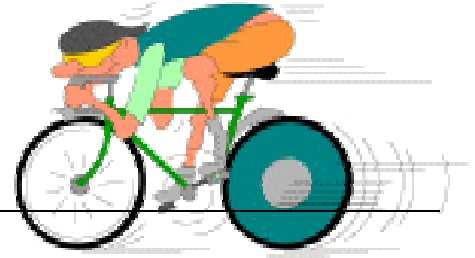


2004 Elkhart Time Trial Series

Thursday Evenings: April 15, May 13, June 10, July 8, August 5



- Course Distance: 12 km
- Registration: Opens at 5:30 p.m., closes at 6:15 p.m. No pre-registration.
- Start Time: First rider is off at 6:30 p.m. Riders start in 1-minute intervals. Start in the order registered.
- Entry Fee: \$10. \$3 for Juniors. (\$2 USCF insurance and \$1 IBRA surcharge included.)
- Location: Course starts on the south edge of Elkhart, IA on R70. Course is a flat out-and-back design. Elkhart is located at the intersection of R70 & F22 in NE Polk County. If coming from I-35, take exit #96 and go east 2 1/2 mi. Parking is provided in the softball complex lot just south of the intersection on R70. Course will be open to traffic. No warm-ups on the course.

Cash Prizes:

Categories	\$630 Purse
Senior 1/2/3	\$50/40/30
Senior 4/5	\$50/40/30/20/10
Masters 40+	\$50/40/30
Women	\$50/30
Junior	Merchandise prizes
2 Person Team	\$100/60 (team payout)

- Points: Cash prizes will be awarded based on the cumulative points earned by each rider. Points will be awarded as follows at the conclusion of each race: 20/17/14/12/10/8/7/6/5. All others will receive 4 points.
- Merchandise Prizes: Drawings for HED tri-spoke wheel and other merchandise prizes for all who ride at least 4 races.
- Rules: USCF permit pending. All riders must be USCF licensed. 1-Day licenses are available at race registration for \$5. 1-Day licensees ride as Senior 5. Riders under 18 will need parent's signature on the standard entry form and on 1-day license application. Helmets are required for all riders. All USCF rules apply.
- Sponsors: HED, Doghouse Bikes, BikeWorld
- Organizers: DMOS/Mortgage Solutions Race Team
- Contact Information: Ross Schuchart, (515) 963-0937
ross_schuchart@yahoo.com

What is a Time Trial?

A time trial is a timed event on an open road, where the cyclist competes against the clock.

The purpose of the series is to help the individual rider show improvement over the course of the season. With each race riders should feel stronger, more confident, and hopefully show improved times!

Time trials are great for sport cyclists, triathletes, and those wanting to improve their general fitness.

